

HURT FOREVER

(Lyrics & Music by Barry Hope)

Verse One:

I don't have many happy memories
But I do have some
One of them was when you left me
My days of torment were done
I've tried to block you out of my mind
I've tried to suppress the rage
I've tried to live a normal life
But nothing's really changed

Chorus:

I will hurt forever
I will hurt forever
Nothing you can do
Begins to remove
My pain self-hatred and terror
I will hurt forever

Verse Two:

You seek forgiveness and say you want
Me to shake your hand
Well maybe I can maybe I can't
But you don't seem to understand
Hearing your voice feeling your breath
Seeing your cold cold face
Brings back memories I've tried to forget
As if they were yesterday

Chorus:

I will hurt forever
I will hurt forever
Nothing you can do
Begins to remove
My pain self-hatred and terror
I will hurt forever

Bridge:

Why have you turned up
Out of the blue
Did you really believe I might
Open my arms
And welcome you
Pretending you did not destroy my life

Refrain:

I will hurt forever
I will hurt forever
I will hurt forever
I will hurt forever
I will hurt forever

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